



# VT MUNCH TIMES

## Coming to a Tray near You!

---

*VT Munch Times is a biweekly newsletter brought to you by the Child Nutrition Team at Vermont Agency of Education, designed to include a USDA Policy update, a fun nutrition fact and up-to-date resources for the coming weeks. Look for these updates every other Thursday!*

### **Munch on this:**

#### **Policy Update: Keep up with Production Records**

Daily record keeping of what and how much is served in your cafeteria is required. This is how you show that you are following the meal pattern requirements, following HACCP SOPs, and monitoring the amount of food you're preparing and that is left over.

Attached is a blank production record if you're in need or would like to update your format. Also, a menu planning and production record tool via Excel is attached if you'd like to explore it to see if it would be useful to you in your program.

Additional formats for Production Records as well as other resources can be found at the USDA Best Practices Sharing Center: <http://healthymeals.nal.usda.gov/best-practices>

#### **Nutrition News: Apples**

In the fall in Vermont, we often have more apples than we know what to do with! Don't get bored, just remember that each crispy, sweet apple is a high fiber, low-calorie, nutrient-packed piece of nourishment. The fiber helps keep us feeling full, vitamins and anti-oxidants help keep our bodies strong and healthy, and they're delicious and can be local.

#### **Resources:**

##### **2013 SNA-VT Annual Conference and Membership Meeting**

Friday October 25 at the beautiful Coach Barn at Shelburne Farms! For more information:

[http://www.snnavt.org/files/Conference\\_Flyer.pdf](http://www.snnavt.org/files/Conference_Flyer.pdf)

And to register: [https://creator.zoho.com/cheryl\\_4.3.68/vt-school-nutrition-association-fall-conference/#Form:Home](https://creator.zoho.com/cheryl_4.3.68/vt-school-nutrition-association-fall-conference/#Form:Home)

We hope to see you there!

### **Free, fun, garden-themed graphics by Team Nutrition**

Promote fruits and vegetables on your school menus!

Available here <http://teammnutrition.usda.gov/graphics.html> for download.

**Follow us on Twitter:** [https://twitter.com/VTED\\_Nutrition](https://twitter.com/VTED_Nutrition)

### **Harvest of the Month by Green Mountain Farm-to-School:**

Harvest of the Month provides ready-to-go materials for your classroom, cafeteria and community to promote local, seasonal foods. Each month features a different theme and October's is Broccoli and Cauliflower! Broccoli and cauliflower can be eaten raw, steamed, boiled or roasted and absorb flavors well. The heads are actually comprised of flower buds! Posters, recipes, menu inserts and more can be found for FREE download at [VermontHarvestoftheMonth.org](http://VermontHarvestoftheMonth.org).

### **Whole Kids Foundation Accepting Applications for School Garden Grant Program**

Grants of \$2,000 are available to public and private K-12 schools in the United States, the United Kingdom, and Canada to help fund school garden projects....

[http://foundationcenter.org/pnd/rfp/rfp\\_item.jhtml?id=431200051](http://foundationcenter.org/pnd/rfp/rfp_item.jhtml?id=431200051)

Deadline: October 31, 2013

Posted: July 26, 2013

---

Disclaimer: *VT Munch Times* provides general information to assist Vermont sponsors of the U.S. Department of Agriculture (USDA) Child Nutrition Programs. It does not represent all federal and state requirements and regulations regarding the operation of USDA school nutrition programs. The inclusion of links to external Web sites does not constitute an endorsement by the Vermont State Agency of Education to the information, products, services or opinions contained therein

*VT Munch Times* is [archived](#) on the Agency of Education website. For information which is three months or older, or for other questions, please contact Dani Bois, Child Nutrition Consultant, at (802) 828-0618 or [dani.bois@state.vt.us](mailto:dani.bois@state.vt.us).

Vermont Agency of Education | 120 State Street | Montpelier, VT 05620-2501

[education.vermont.gov](http://education.vermont.gov) | [facebook.com/VTEducation](https://facebook.com/VTEducation) | [twitter.com/VTEducation](https://twitter.com/VTEducation)